

7.1.4 ①

Inaugural event

of

chetana

Making Mental Health Care Accessible for All

January 3, 2018 | 11 am - 1 pm || Shristhal Panchayat Hall, Canacona

Welcome Song

Performed by students of Shree Mallikarjun College

Street Play

Performed by students of Shree Mallikarjun College

Welcome

Dr FM Nadaf, Principal, Shree Mallikarjun College

Address by members of the Local Advisory Group

Shri Prashant Naik, President Nirakar Education Society

Shri Ajit Paiginkar, President Canacona Journalist Association

Introduction about Chetana

Dr Abhijit Nadkarni, Research Fellow and Hon Consultant Psychiatrist,
Co-Director of the Addictions Research Group (Sangath)

Lighting of the Lamp

Keynote Address

Prof. Vikram Patel, Pershing Square Professor of Global Health (Harvard Medical School),
Co-founder and Member of Managing Committee
(Sangath)

Address by the Guest of Honour

Shri Isidore Fernandes, Hon Member of Legislative Assembly

Address by the Chief Guest

Shri Vishwajeet Rane, Hon Minister of Health, Government of Goa

Vote of Thanks

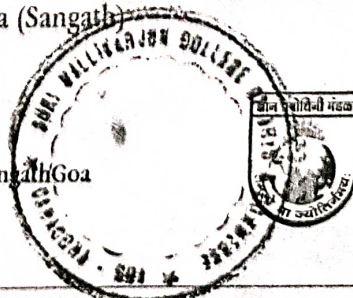
Ms Shreyas Kamat, Program Coordinator, Chetana (Sangath)



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+917887872345



21st December, 2017

Dear

Re: Invitation to the inauguration of Chetana Mental Health Clinic

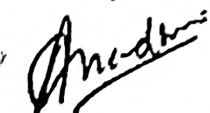
Sangath is a non-governmental, not-for-profit organisation committed to improving health across the life span by empowering existing community resources to provide appropriate physical, psychological and social therapies.

Sangath engages in a range of projects to make mental healthcare accessible to the community. Chetana Community Mental Health Programme at Canacona is one such project. This clinic will make free mental healthcare available to the people of Canacona, which has no other feasible options of mental health care. One of the most innovative aspects of our work through this clinic will be that we are training and supervising members of the local community to deliver mental healthcare at the people's door-steps. We have successfully used this strategy through our years of work in Sangath, and anticipate that it will be a positive change for health care delivery in Goa. We will also engage extensively with the local community; with the aim of creating awareness about mental health and illness.

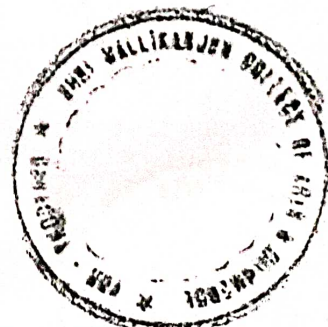
We are inaugurating 'Chetana Community Mental Health Programme' at Shreesthal Panchayat Hall, Canacona on Wednesday, January 3 at 11.00 am. Prof Vikram Patel, co-founder of Sangath will deliver the keynote address on this occasion.

We would like to invite for this inaugural event, and hope that you will honour our invitation and oblige us.

Sincerely,



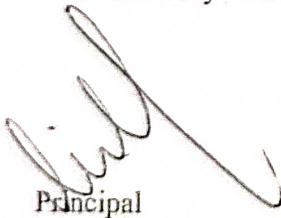
Dr Abhijit Nadkarni
Research Fellow and Hon Consultant Psychiatrist
Sangath



Chetana Health Clinic

Quarterly advisory meeting of Chetana Health Clinic was held on 03.09.2018 in the premises of Shree Mallikarjun College. The executive and the local members met to discuss pertaining to the plan of activities to be undertaken during the next two months.

1. **Local advisory group:** It was discussed to go for expansion of the local advisory committee. In this regard, new additional members may be brought to the reference of the local advisory group with a desire to increase participation and involvement.
2. **Introduction of new Community Health Worker:** Ms Ulka Naik is freshly appointed as the second community health worker for Canacona block. Ms Ulka Naik will reach out to additional panchayat areas, thereby all the panchayats would be covered.
3. **Medical camp for women** to be organised on 07.09.2018 in Gaondongrem. Medical experts from the field of gynaecology, general medicine, nutrition, etc. will be appointed for the task. The advisory members suggested to seek the involvement of local Member of Legislative Assembly Shri Isidore Fernandes. it was decided to depute five volunteers from the college to assist the activity. Awareness modes such as college, press report, press inserts, street plays, and banners were also discussed.
4. **Menstrual Health Camp:** It was proposed to organised a menstrual health camp exclusively for the students of Shree Mallikarjun College, Canacona.



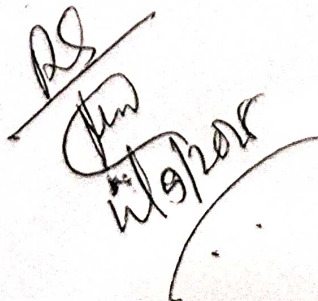
Principal

(Dr. F. M. Nadaf)



Dr. Arvind N. Haldankar

(Local Co-ordinator)



Herald

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GOA THURSDAY JANUARY 27 2018

Community wellness clinic inaugurated

CANACONA: Sangath's Chetana a health programme for persons of unsound mind was inaugurated at Canacona on wednesday local MLA Isidore Fernandes at Shristal panchayat in Canacona and the programme was declared open by lighting the traditional lamp in the presence of ZP members, sarpanchas of all the panchayat from the taluka and the chairperson of Canacona municipality. Prof Dr. F. McNada, principal of Mallikarjun college welcomed the guests. Prof Vikram Patel of the Harvard Medical School who is the co-founder of Sangath delivered the keynote address on the occasion. He highlighted the work undertaken by Sangath in giving free treatment for mentally unsound patients in many Indian states. Dr Abhijit Nadkarni said that Chetana programme aims to make mental healthcare accessible at the doorsteps or close to home for the people of Canacona taluka. Local MLA Isidore Fernandes thanked and congratulated Ms Urvita Bhatia, Psychologist and Ms Shreyas Kamat, Project Coordinator, local advisory group and all members of the Sangath NGO on the inauguration of the programme in Canacona and assured all help to make the programme successful and eradicate mental health problems from the taluka.



Sawaikar and MLA, Shri Clafacio Dias launched the programme in which a group of 25 sociology students participated.

B. Display of *rakhee* and lamps by students of Lokvishwas pratisthan (special school)

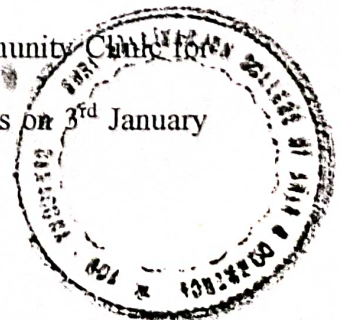
Lokvishwas pratisthan, an organisation working for the welfare, education and rehabilitation of persons with disabilities organised a display cum sale of *rakhee* in association with the Department of Sociology on the eve of *raksha bandhan* day.



Principal Dr. F. M. Nadaf with the Sociology faculty and Lokvishwas teachers and students

C. Community Wellness Programme (inauguration of Chetana community clinic)

Sangath, a Non-Governmental Organisation (NGO) in association with DPM's Shree Mallikarjun College (Department of Sociology) inaugurated the Chetana Community Clinic for mentally challenged people in Canacona at the hands of Shri Isidore Fernandes on 3rd January



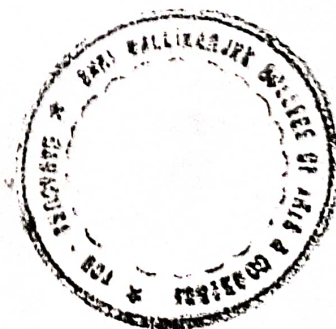
2018 at Shristhal Panchayat Hall and Mr. Vikram Patel Professor from the Harvard Medical School and co-founder, Sangath.



Principal Dr. F. M. Nadaf, Dr. Arvind N. Haldankar and Ms Suvidha Komarpant with
Prof. Vikram Patel

C. Recognition of services

As a member on the Advisory Board of Chetana Health Clinic (Community Wellness Programme) of Sangath Dr. Arvind N. Haldankar's services were recognized by Professor Vikram Patel eminent psychiatrist and founder member of Sangath.



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SMC/D010/2017-18/

27/12/2017

To

The Principal

Dear Sir/Madam,

As a part of INSTITUTIONAL SOCIAL RESPONSIBILITY, Department of Sociology of our College in association with SANGATH: A Goan Non-Governmental Organization is making efforts to provide free Mental Health Care to the needy citizens of Canacona.

Mental Health Care will be made accessible to the people of Canacona by opening CHETANA MENTAL CLINIC CENTRE in various parts of Canacona. In this connection, inaugural event of first Mental Clinic will be held on 3rd January 2018 at 11:00 a.m. at Shristhal Panchayat Hall.

Shri. Vishwajeet Rane, Hon. Minister for Health Government of Goa has consented to be the Chief Guest of the function. Shri. Isidore Fernandes, Hon. M. L. A., Canacona Constituency will grace the occasion as Guest of Honour. Prof. Vikram Patel, Harvard Medical School, Boston USA will deliver Key Note Address on the occasion.

In this connection, you are requested to depute five students and one teacher of your esteemed School to the said programme.

Thanking you in anticipation

Yours truly,

Dr. P. M. Nadaf
PRINCIPAL

